



**SKILL DEVELOPMENT DEPARTMENT
GOVERNMENT OF SIKKIM
SHRAM BHAWAN SOKAYTHANG
GANGTOK-737102**



O.O. No: GOS/SDD/242

Dated: 27-03-2025

NOTIFICATION

With the approval of the Competent Authority, a Nasha Mukta Cell is hereby constituted for Skill Development Department in order to focus on substance abuse prevention and management and to promote a substance abuse free supportive workplace environment, with the composition, as under:-

Sl. No	Members	Designation
1.	Secretary	Chairperson
2.	Shri. K. C Rai, Deputy Director-II	Nodal Officer (Sahayogi Karmachari)
3.	Ms. Pem Lhamu Bhutia, Assistant Director-I	Member
4.	Shri Saimon Paul Rai, Assistant Director-II	Member
5.	Ms. Sakun Tamang, Under Secretary	Member Secretary

By Order.




Sd/-
(Karma Namgyal Bhutia)
Secretary
Skill Development Department

Memo No: GOS/SDD/17/2016-17 / 1768
Copy to:-

Dated: 27-03-2025

1. All concerned above;
2. Secretary, Social Welfare Department, Govt. of Sikkim;
3. Additional Secretary, Skill Development Department;
- ✓ 4. Assistant Director (IT), Skill Development Department (for hosting in the Departmental Website);
5. File &
6. Guard file.


Under Secretary to the Government of Sikkim,
Skill Development Department.
Under Secretary
Skill Development Department.
Government of Sikkim,
Gangtok Sikkim



Questionnaire for Sahayogi Karmachari:

Section 1: Awareness

1. Are you aware of the term "substance abuse" and its dangers?
 - Yes
2. Have you attended any awareness programs or workshops on substance abuse?
 - Yes
3. Do you know about the "Sahayogi Program" initiative?
 - Yes
4. Do you believe substance abuse affects workplace productivity and safety?
 - Yes


Section 2: Identification

5. Can you recognize the physical or behavioural signs of substance abuse in a person?
 - Yes
6. Do you know whom to contact within your department if you suspect someone of substance abuse?
 - Yes
7. Are you aware of any confidential reporting mechanisms for substance abuse concerns?
 - Yes
8. Have you noticed any cases of substance abuse in your workplace or community?
 - No

Section 3: Prevention and Support

9. Are there resources available in your workplace for employees struggling with substance abuse?
 - No
10. Do you know the steps to take if someone needs professional help for substance abuse?
 - Yes
11. Are you aware of the role of Nasha Mukta Cells in substance abuse prevention?
 - Yes




K.C. RAI (SGS)
DEPUTY DIRECTOR II
SKILL DEVELOPMENT DEPARTMENT
GOVERNMENT OF SIKKIM



SKILL DEVELOPMENT DEPARTMENT
GOVERNMENT OF SIKKIM
SHRAM BHAWAN SOKAYTHANG
GANGTOK-737102



Questionnaire for Sahayogi Karmachari:

Section 1: Awareness

1. Are you aware of the term "substance abuse" and its dangers?
 - Yes
2. Have you attended any awareness programs or workshops on substance abuse?
 - Yes
3. Do you know about the "Sahayogi Program" initiative?
 - Yes
4. Do you believe substance abuse affects workplace productivity and safety?
 - Yes

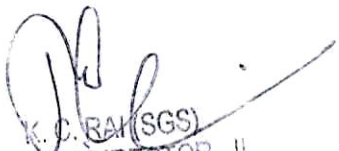
Section 2: Identification

5. Can you recognize the physical or behavioural signs of substance abuse in a person?
 - Yes
6. Do you know whom to contact within your department if you suspect someone of substance abuse?
 - Yes
7. Are you aware of any confidential reporting mechanisms for substance abuse concerns?
 - Yes
8. Have you noticed any cases of substance abuse in your workplace or community?
 - No

Section 3: Prevention and Support

9. Are there resources available in your workplace for employees struggling with substance abuse?
 - No
10. Do you know the steps to take if someone needs professional help for substance abuse?
 - Yes
11. Are you aware of the role of Nasha Mukta Cells in substance abuse prevention?
 - Yes




K. C. RAI (SGS)
DEPUTY DIRECTOR II
SKILL DEVELOPMENT DEPARTMENT
GOVERNMENT OF SIKKIM